

September 2026

The Terrace Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:45 Bowling 10:30 Creative Coloring with Staff 1:30 Activities with Staff 2:45 Popsicles on the Patio 6:00 TV Time with Friends	9:45 Axe/Dart Throwing 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:30 Music Therapy with Kylie 6:00 TV Time with Friends	9:45 Balloon Tennis 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:30 Joy Ride 6:00 TV Time with Friends	9:30 Trivia and Coffee 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 2:00 Pet Therapy with Kasia and Pepper 3:00 Storytelling with Ryan 6:00 TV Time with Friends	9:45 Coloring with Staff 1:30 Activities with Staff 2:30 Popsicles on the Patio 6:00 TV Time with Friends
10:15 Coloring with Staff 11:00 MS Virtual Church Service 1:30 Activities with Staff 3:00 Resident Choice Movie-Staff Led 6:00 TV Time with Friends	9:45 Guess the Word 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 3:30 Music with Jim 6:00 TV Time with Friends	9:45 Seated Basketball 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Outside Bean Bag Toss 6:00 TV Time with Friends	10:30 Arts and Crafts with Collavanni 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Parachute Fun 6:00 TV Time with Friends	9:45 Axe/Dart Throwing 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:30 Joy Ride 6:00 TV Time with Friends	9:45 Trivia and Coffee 11:00 Piano Music with Ron 1:30 Activities with Staff 2:45 Walking Club 6:00 TV Time with Friends	10:00 Pet Therapy with Doug and Elle 10:15 Coloring with Staff 1:30 Activities with Staff 2:30 Balloon Tennis 6:00 TV Time with Friends
10:15 Coloring with Staff 11:00 MS Virtual Church Service 11:30 Visit from St Matthew Church 1:30 Activities with Staff 2:00 Guitar with Whitney 3:00 Resident Choice Movie-Staff Led 6:00 TV Time with Friends	9:45 Coffee and Conversation 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 3:00 50s Piano Music with David 6:00 TV Time with Friends	9:45 Bowling 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 60's Party 6:00 TV Time with Friends	10:00 Pet Therapy with Jean and Lola 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 70's Party 6:00 TV Time with Friends	9:45 Axe/Dart Throwing 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 80's Party 6:00 TV Time with Friends	9:45 Trivia and Coffee 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Walking Club 6:00 TV Time with Friends	10:15 Coloring with Staff 1:30 Activities with Staff 3:00 Balloon Tennis with the GAP Club 6:00 TV Time with Friends
10:15 Coloring with Staff 11:00 MS Virtual Church Service 1:30 Activities with Staff 2:00 Guitar with Whitney 6:00 TV Time with Friends	9:45 Guess the Word 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:00 Music with Todd 6:00 TV Time with Friends	9:45 Seated Basketball 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Popsicles on the Patio 6:00 TV Time with Friends	9:45 Arts and Crafts with Allison 11:30 Seated Exercise with Sam 1:30 Activities with Staff 3:30 Piano Music with Ethan 6:00 TV Time with Friends	9:45 Axe/Dart Throwing 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:00 Bible Study with Calvary Church 6:00 TV Time with Friends	9:45 Trivia and Coffee 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Bingo 6:00 TV Time with Friends	10:15 Coloring with Staff 1:30 Activities with Staff 2:45 Popsicles on the Patio 6:00 TV Time with Friends
10:15 Coloring with Staff 11:00 MS Virtual Church Service 11:30 Visit with St Matthew Church 1:30 Activities with Staff 3:00 Bean Bag Toss-Staff Led 6:00 TV Time with Friends	9:45 Coffee and Conversation 10:15 Coloring with Staff 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Monthly Birthday Party 6:00 TV Time with Friends	9:45 Bowling 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Balloon Tennis 6:00 TV Time with Friends	9:45 Axe/Dart Throwing 11:30 Seated Exercise with Sam 1:30 Activities with Staff 2:45 Bingo 6:00 TV Time with Friends			