

September 2026

The Terrace Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		11:30 Lunch Bunch 4:00 Walking Club 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 2:30 Seated Exercise with Sam 4:30 Wellness Wednesday with Anagha 5:00 TV Time With Friends	11:00 Art with Collavanni 11:30 Shuffleboard 2:30 Seated Exercise with Sam 2:30 Joy Ride 5:00 TV Time With Friends	11:30 Guess The Phrase 2:30 Seated Exercise with Sam 3:00 Pet Therapy with Kasia and Pepper 4:00 Happy Hour 5:00 TV Time With Friends	11:30 Card/Board Games 3:00 Bingo with the GAP Club 5:00 TV Time With Friends
11:00 AL Virtual Church Service 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	12:00 Labor Day Cookout 2:30 Seated Exercise with Sam 3:30 Music with Jim 5:00 TV Time With Friends	11:30 Brightmore Bowling League 2:30 Seated Exercise with Sam 4:00 Walking Club 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 2:00 Food Forum 2:30 Seated Exercise with Sam 5:00 TV Time With Friends	11:30 Shuffleboard 2:30 Seated Exercise with Sam 2:30 Joy Ride 5:00 TV Time With Friends	11:00 Piano Music with Ron 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	11:00 Pet Therapy with Doug and Elle 2:00 Resident Activity-Staff 5:00 TV Time With Friends
11:00 AL Virtual Church Service 11:30 Visit from St Matthew Church 2:00 Guitar with Whitney 5:00 TV Time With Friends	11:30 Bingo 2:30 Seated Exercise with Sam 3:00 50s Piano Music with David 5:00 TV Time With Friends	11:30 Brightmore Bowling League 2:30 Seated Exercise with Sam 4:00 60's Party 5:00 TV Time With Friends	11:00 Pet Therapy with Jean and Lola 2:30 Seated Exercise with Sam 4:00 70's Party 5:00 TV Time With Friends	11:30 Shuffleboard 2:30 Seated Exercise with Sam 4:00 80's Party 5:00 TV Time With Friends	11:30 Guess the Phrase 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	11:30 Shuffleboard 2:00 Card/Board Games 5:00 TV Time With Friends
11:00 AL Virtual Church Service 2:00 Guitar with Whitney 5:00 TV Time With Friends	11:30 Bingo 2:00 Music with Todd 2:30 Seated Exercise with Sam 5:00 TV Time With Friends	11:30 Brightmore Bowling League 2:30 Seated Exercise with Sam 4:00 Walking Club 5:00 TV Time With Friends	11:30 Resident Council Meeting 2:30 Seated Exercise with Sam 3:30 Piano Music with Ethan 5:00 TV Time With Friends	11:30 Shuffleboard 2:00 Bible Study with Calvary Church 2:30 Seated Exercise with Sam 5:00 TV Time With Friends	11:30 Trivia 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	11:30 Shuffleboard 2:00 Resident Activity-Staff 5:00 TV Time With Friends
11:00 AL Virtual Church Service 11:30 Visit with St Matthew Church 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	11:30 Bingo 2:30 Seated Exercise with Sam 4:00 Monthly Birthday Party 5:00 TV Time With Friends	11:30 Brightmore Bowling League 2:30 Seated Exercise with Sam 4:00 Arts and Crafts with Allison 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 2:30 Seated Exercise with Sam 4:00 Walking Club 5:00 TV Time With Friends			