



OCTOBER 2025



MEMORY SUPPORT



Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
CALENDAR KEY *ACTIVITIES ARE SUBJECT TO CHANGE ** SPECIAL ACTIVITY ** BOLD ACTIVITIES ARE LEAD BY CNAS	  MORNING COMMERCIAL Monday-Friday Dining Room	   FUN FACT OCTOBER COMES FROM THE WORD 8 BECAUSE IT IS THE 8TH MONTH OF THE ROMAN CALENDAR	10:30-11:30AM: Pet Therapy with Christine and Hadley 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Music Therapy with Kylie 6:00PM: Prime Show: Downton Abbey S1 E1	10:00-11:00AM: Painting Pumpkins with Allison 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:45-3:15PM: Outside Time with Snacks 6:00PM: Prime Show: Downton Abbey S1 E2	10:00-10:30AM: Coffee Time on the Patio 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:45-3:45PM: Bingo with Snacks 6:00PM: Resident Choice Movie	10:00-10:30AM: Busy Boxes 11:30-12:00PM: Balloon Tennis 2:00-2:45PM: Cracker and Cookie Chat 6:00PM: Prime Movie: Wicked
5	6	7	8	9	10	11
10:00-10:30AM: Beach Ball Talk and Toss 11:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns 6:00PM: Prime Movie: Rainmaker	10:00-10:30AM: Coffee Time on the Patio 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 3:30-4:30PM: Live Music with Jim 6:00PM: Prime Show: Downton Abbey S1 E3	10:00-11:00AM: Axe/Dart Throwing with Snacks 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Bingo with Snacks 6:00PM: Prime Show: Downton Abbey S1 E4	10:30-11:30AM: Art with Collavanni 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Balloon Tennis with Snacks 6:00PM: Prime Show: Downton Abbey S1 E5	10:00-11:00AM: Bowling with Snacks 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Monthly Birthday Party 6:00PM: Prime Show: Downton Abbey S1 E6	10:00-10:30AM: Coffee Time on the Patio 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Bowling with Snacks 6:00PM: Resident Choice Movie	10:00-10:30AM: Beach Ball Talk and Toss 11:30-12:00PM: TV Time 2:30-3:15PM: Patio Time With Popsicles 6:00PM: Prime Movie: Wonder Woman
12	13	14	15	16	17	18
10:00-10:30PM: Bowling 11:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns 6:30PM: Hallmark Movie	NATIONAL COVERED PRETZEL DAY 10:00-10:30AM: Coffee Time on the Patio 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Covered Pretzel Day Party 6:00PM: Downton Abbey S1 E7	10:30-11:30AM: Pet Therapy with Christine and Hadley 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 3:00-4:00PM: Arts and Crafts with the AK HOSA Club 6:00PM: Prime Show: Downton Abbey	NATIONAL I LOVE LUCY DAY 10:00-11:00AM: Pet Therapy with Jean and Lola 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Events 3:00-3:45PM: Spiritual Session with Chaplain Ed 6:00PM: Prime Show: I Love Lucy	8:00-9:00AM: Men's Breakfast- Family Room 10:00-11:00AM: Bowling with Snacks 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Joy Ride 6:00PM: Prime Show: Downton Abbey S1 E9	10:00-10:30AM: Coffee Time on the Patio 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45pm: Afternoon News and Current Events 3:30-4:15PM: Storytelling with Ryan 6:00PM: Resident Choice Movie	10:00-11:00AM: Pet Therapy with Doug and Elle 11:30-12:00PM: Busy Boxes 3:30-4:30PM: Chinese Dancers and Musicians 6:00PM: Prime Movie: Mommie Dearest
19	20	21	22	23	24	25
10:00-10:30AM: Busy Boxes 1:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns 6:30PM: Prime Movie: Pride and Prejudice	BREAST CANCER AWARENESS DAY 10:00-10:30AM: Coffee Time on the Patio 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:00-3:00PM: Live Music with Todd 6:00PM: Prime Show: Frasier S1 E1	NATIONAL CHOCOLATE CUPEAKE DAY 10:00-11:00AM: Pizza Making Craft with Allison 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:45-3:45PM: Chocolate Cupcake Party 6:00PM: Prime Show: Frasier S1 E2	AL OLYMPICS 10:00-11:00AM: Olympic Bowling 11:30-12:00: Olympic Balloon Tennis 2:00-3:00PM: Blind Wine Tasting-2nd Floor 3:30-4:30PM: Piano Music with Ethan 6:00PM: Prime Show: Frasier S1 E3	AL OLYMPICS 10:00-11:00AM: Olympic Bingo 11:30-12:00PM: Olympic Balloon Tennis 12:15-12:45PM: Afternoon News and Current Events 2:00-3:00PM: Bible Study with Calvary Church 6:00PM: Prime Show: Frasier S1 E4	AL OLYMPICS 11:30-12:00PM: Olympic Axe/Dart Throwing 12:15-12:45PM: Afternoon News and Current Events 2:00-3:00PM: Olympics Wrap Up Party 3:30-4:30PM: Live Music with Sid 6:00PM: Resident Choice Movie	10:00-12:00PM: Halloween Pet Parade 2:00-2:30PM: Balloon Tennis 2:45-3:30PM: Busy Boxes- Kitchen Sorting 6:00PM: Blithe Spirit
26	27	28	29	30	31	
10:00-10:30PM: Bowling 1:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns 6:30PM: Ghostbusters	10:00-10:30AM: Coffee Time on the Patio 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:00-3:00PM: Rosanne Presents 6:00PM: Prime Show: Frasier S1 E5	10:00-11:00AM: Halloween Crafts with Allison 11:30-12:00pm: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 3:00-4:00PM: Balloon Tennis with the AK HOSA Club 6:00PM: Prime Show: Frasier S1 E6	NATIONAL PUMPKIN DAY 10:00-11:00AM: Balloon Tennis with Snacks 11:30-12:00PM: Seated Exercise with Sam 2:45-3:45PM: Pumpkin Party 6:00PM: Prime Show: Frasier S1 E7	10:00-11:00AM: Bowling with Snacks 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:30-3:30PM: Joy Ride 6:00PM: Prime Show: Frasier S1 E8	HAPPY HALLOWEEN 10:00-11:00AM: Trick or Treat with Leaf Springs Preschool 11:30-12:00PM: Seated Exercise with Sam 12:15-12:45PM: Afternoon News and Current Events 2:00-3:00PM: Pet Therapy with Kasia and Pepper 6:00PM: Resident Choice Movie	