

**THE TERRACE AT
BRIGHTMORE**



NOVEMBER 2024



Assisted Living

		Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
<p>CALENDAR KEY *ACTIVITIES ARE SUBJECT TO CHANGE **SPECIAL ACTIVITY ****BOLD ACTIVITIES ARE LEAD BY CNAS</p>	<p>MORNING COMMERCIAL Monday - Friday 8:45AM - Dining Room with Allison</p>	<p>FUN FACT: The word November was started in 49 BC</p>			<p>WORLD CINNAMON DAY 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Busy Bee Bazaar-Independent Living 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Residents Choice Movie</p>	<p>NATIONAL DEVIL EGG DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard Game- Independent Activiy 2:00-2:30PM: Balloon Tennis with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: On Golden Pond</p>
3	4	5	6	7	8	9
<p>NATIONAL HOUSEWIFE DAY 10:00-10:30AM: Snacks and Chat 11:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 4:00-4:30PM: Beach Ball Talk and Toss with Staff 6:30PM: Prime Doc: Historys Mysteries: S1 E1</p>	<p>10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Bingo 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 3:30-4:30PM: Live Music with Jim-1st Floor 6:30PM: Prime Doc: Historys Mysteries: S1 E2</p>	<p>VOTING DAY 10:00-11:00AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Cookie Day Party 6:30PM: Prime Doc: Historys Mysteries: S1 E3</p>	<p>NATIONAL NACHOS DAY 10:00-10:30AM: Snacks and Chat 10:30-11:30AM: Vist with Bunny Blessings-Lobby 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 2:30-3:30PM: Music Therapy with Kylie-1st Floor 6:30PM: Prime Doc: Historys Mysteries: S1 E4</p>	<p>NATIONAL CHOCOLATE WITH ALMONDS DAY 11:00-12:00PM: Art with Collavanni 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 2:30-3:30PM: Joy Ride with Allison 4:15-5:00PM: Before Dinner Stroll 6:30PM: Prime Doc: Historys Mysteries: S1 E5</p>	<p>NATIONAL AMPLE TIME DAY 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Residents Choice Movie</p>	<p>NATIONAL FRIED CHICKEN DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Before Lunch Stroll - Independent Activity 2:00-2:30PM: Beach Ball Talk and Toss with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: My Man Godfrey</p>
10	11	12	13	14	15	16
<p>MARINE CORP BIRTHDAY 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 3:30-4:00PM Shuffleboard - Independent Activity 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Topper Returns</p>	<p>10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Bingo 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:15-5:00PM:Before Dinner Stroll 6:30PM: Prime Doc: Story of Medieval England S1 E1</p>	<p>NATIONAL CHICKEN SOUP DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Monthly Birthday Party 6:30PM: Prime Doc: Story of Medieval England S1 E2</p>	<p>NATIONAL ROAST DINNER DAY 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Trip To Walgreens 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 3:00-4:00PM: Pet Therapy with Jean and Lola 6:30PM: Prime Doc: Story of Medieval England S1 E3</p>	<p>NATIONAL PICKLE DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 2:30-3:30PM: Joy Ride with Allison 4:15-5:00PM: Trivia 6:30PM: Prime Doc: Story of Medival England S1 E4</p>	<p>NATIONAL RAISIN BRAN DAY 10:00-10:30AM: Snacks and Chat 11:30-12:00PM: McKenzie with Audibel Hearing 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Happy Hour 6:30PM: Residents Choice Movie</p>	<p>NATIONAL BUTTER DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard-Independent Activity 2:00-2:30PM: Beach Ball Talk and Toss with Staff 3:00-4:00PM: Pet Therapy - Doug & Elle 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: The Elizabeth Taylor Story</p>
17	18	19	20	21	22	23
<p>NATIONAL FRUIT DAY 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 3:15-4:00PM Shuffleboard - Independnet Activity 4:00-4:30PM: Beach Ball Talk and Toss with Staff 6:30PM: Prime Doc: Story of Medieval England S1 E5</p>	<p>NATIONAL PRINCESS DAY 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Before Lunch Stroll 2:00-3:00PM: Live Music with Todd-1st Floor 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:00-5:00PM: Ice Cream Sundae Party 6:30PM: Prime Doc: Storu of Medieval Engladrn S1 E6</p>	<p>NATIONAL CAFFEINE DAY 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00pm: Seated Exercise with Evin - IL Fitness Area 3:00-4:00PM: Arts and Crafts with Ardrey Kell HOSA Club 6:30PM: Prime Doc: Story of Medieval England S1 E7</p>	<p>NATIONAL CHILDRENS DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Bingo 1:30-2:00PM: Food Forum 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:15-5:00PM: Balloon Tennis 6:30PM: Prime Doc: Story of Medieval England S1 E8</p>	<p>NATIONAL BOLOGNE DAY 10:00-10:30PM: Snacks and Chat 11:00-12:00PM: Resident Council Meeting 2:00-2:30PM: Bible Study with Calvary 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Before Dinner Stroll 6:30PM: Prime Doc: Dates That Made History S1 E1</p>	<p>NATIONAL CRANBERRY 10:00-10:30AM: Snacks and Chat 11:00-12:00PM: Pet Therapy with Kasia and Pepper 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:30-5:30PM: Sip and Pour with Sid 6:30PM: Residents Choice Movie</p>	<p>NATIONAL ESPRESSO DAY 10:00-10:30AM: Snacks and Chat 11:15-11:45PM: Balloon Tennis with Staff - 2:00-2:30PM: Shuffleboard - Independent Activity 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Mirror Cracked</p>
24	25	26	27	28	29	30
<p>NATIONAL COFFEE DAY 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Holiday Inn</p>	<p>NATIONAL PARFAIT DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Bingo 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 3:00-3:30PM: Live Music with Martha the Violinist 6:30PM: Prime Doc: Dates That Made History S1 E2</p>	<p>NATIONAL CAKE DAY 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Cake Celebration 6:30pm: Prime Doc: Dates That Made History S1 E3</p>	<p>NATIONAL JUKE BOX DAY 10:00-10:30AM: Snacks and Chat 11:15-12:30PM: Lunch Bunch at 131 Main 2:30-3:00PM: Seated Exercise with Evin-IL Fitness 3:30-4:30PM: Live Music with Ethan on the Piano-1st Floor 6:30PM:Prime Doc: Dates That Made History S1 E4</p>	<p>HAPPY THANKSGIVING 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Shuffleboard Games 12:30-1:30PM: Thanksgiving Day Lunch 4:15-5:00PM: Balloon Tennis 6:30PM: Prime Doc: Dates That Made History S1 E5</p>	<p>BLACK FRIDAY 10:00-10:30AM: SNACKS AND CHAT 11:15-12:00PM: TRIVIA 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Residents Choice Movie</p>	<p>NATIONAL MASON JAR DAY 10:00-10:30PM: Snacks and Chat 11:15-11:45PM: Balloon Tennis with Staff 2:00-2:30PM:Shuffleboard-Independent Activity 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Cleopatra</p>