

July 2026

Brightmore of South Charlotte



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:15 Aqua-Fit (P) 1 10:00 Veteran's Club (OVF) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 2:00 Bible Study (ACR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR)	8:15 Saltwater Strength (P) 2 9:00 Chair Yoga (AR) 10:00 Liberty Life App Help Session #1 (MPR) 2:00 Technology Help Session (BR) 3:00 Charlotte Symphony 4th of July Concert (MPR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 3 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 2:00 Brightnotes Practice (MPR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 4 2:00 Hymn Sing (MPR) 7:15 Saturday Night Concert: Backwater Boys 4th of July Concert (MPR)
10:30 Peace Church Worship Service (MPR) 5 6:00 Ballantyne Presbyterian Worship Service (MPR)	8:15 Aqua-Fit (P) 6 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 1:30 Craft (ACR) 7:00 Rummikub (CR)	8:15 Saltwater Strength (P) 7 10:00 Liberty Life App Help Session #2 (LR) 10:30 Stretch and Flex (AR) 2:00 Brightnotes 4th of July Concert (MPR) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 8 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 1:00 Open Art Studio (ACR) 3:00 Comedy show by Comedian, Joe Gibbs (MPR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR) 7:00 Round Table Discussion Group (PDR)	8:15 Saltwater Strength (P) 9 10:30 Onsite Dermatology Clinic (ACR) 10:30 Stretch and Flex (AR) 2:00 Life Transitions Group by Bettercare (ACR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 10 9:30 Community Outing: Brunch at Stacks Kitchen (OUT) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 11 7:15 Saturday Night Concert: Patrick Hudson (MPR)
10:30 St. Matthews Catholic Church Communion Service (MPR) 12 5:00 Dinner at Southern Pecan (OUT)	8:15 Aqua-Fit (P) 13 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 7:00 Rummikub (CR)	8:15 Saltwater Strength (P) 14 9:00 Chair Yoga (AR) 10:00 Liberty Life App Help Session #3 (LR) 10:30 Stretch and Flex (AR) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 15 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 2:00 Bible Study (ACR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR)	8:15 Saltwater Strength (P) 16 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 1:30 Ice Cream Social (MPR) 2:00 Resident Association Meeting (MPR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 17 10:00 Audibel Hearing Aid Checks & Cleanings (BR) 10:00 Balance Class (AR) 10:00 Community Outing: Guided tour at the Nascar Hall of Fame (OUT) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 18 2:00 Hymn Sing (MPR) 7:15 Saturday Night Concert: Ethan Uslan (MPR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
10:30 Peace Church Worship Service (MPR)	19	8:15 Aqua-Fit (P)	20	8:15 Saltwater Strength (P)	21	8:15 Aqua-Fit (P)	22	8:15 Saltwater Strength (P)	23	8:15 Aqua-Fit (P)	24	1:00 Hand & Foot (CR)	25
		10:00 Balance Class (AR)		9:00 Chair Yoga (AR)		10:00 Balance Class (AR)		10:00 Balance Class (AR)					
		10:30 Stretch and Flex (AR)		10:00 Liberty Life App Help Session #4 (LR)		10:30 Stretch and Flex (AR)		10:30 Stretch and Flex (AR)					
		1:00 Bridge (CR)		10:30 Stretch and Flex (AR)		1:00 Shanghai Rummy/Mah Jongg (CR)		2:00 Community Birthday Party (KDR)					
		1:00 Shanghai Rummy (CR)		1:15 Trivia (MPR)		1:00 Open Art Studio (ACR)		3:30 Balance Circuit (AR)					
		7:00 Rummmikub (CR)		3:30 Balance Circuit (AR)		3:00 Bright Books Book Club (PDR)		4:00 Food Forum (KDR)					
				5:00 Social Hour (LR)		6:30 Canasta (CR)		7:00 BINGO (CR)					
10:30 St. Matthews Catholic Church Communion Service (MPR)	26	8:15 Aqua-Fit (P)	27	8:15 Saltwater Strength (P)	28	8:15 Aqua-Fit (P)	29	8:15 Saltwater Strength (P)	30	8:15 Aqua-Fit (P)	31		
		10:00 Balance Class (AR)		9:00 Chair Yoga (AR)		10:00 Balance Class (AR)		9:00 Chair Yoga (AR)					
		10:30 Stretch and Flex (AR)		10:00 Liberty Life App Help Session #5 (LR)		10:30 Stretch and Flex (AR)		10:30 Stretch and Flex (AR)					
		1:00 Bridge (CR)		10:30 Stretch and Flex (AR)		1:00 Shanghai Rummy/Mah Jongg (CR)		10:30 Stretch and Flex (AR)					
		1:00 Shanghai Rummy (CR)		3:30 Balance Circuit (AR)		3:00 Tapas & Wine (KDR)		3:30 Balance Circuit (AR)					
		7:00 Rummmikub (CR)		5:00 Social Hour (LR)		6:30 Canasta (CR)		7:00 BINGO (CR)					
				7:00 Poker (BR)		7:00 Mexican Train Dominos (CR)							
		7:00 Rummmikub (CR)											
				Locations Legend									
				Aerobics Room (AR)	Arts & Crafts Room (ACR)	Private Dining Room (PDR)							
				Card Room (CR)	Billiards Room (BR)	Kells Dining Room (KDR)							
				Pool (P)	Living Room (LR)	Overflow Dining Room (OVF)							
				Multi-Purpose Room (MPR)	Outing (OUT)								