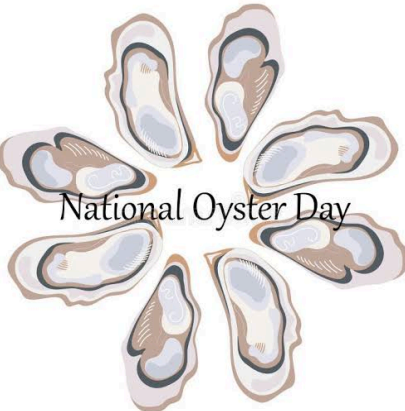


August 2026

Brightmore of South Charlotte



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerobics Room (AR) Card Room (CR) Pool (P) Multi-Purpose Room (MPR)	Locations Legend Arts & Crafts Room (ACR) Billiards Room (BR) Living Room (LR) Outing (OUT) Overflow Dining Room (OVF)	Kells Dining Room (KDR) Private Dining Room (PDR) Aldreys Dining Room (ADR)	 National Oyster Day	 Luan designed by freepik	 Back to School	1:00 Hand & Foot (CR) 2:00 Hymn Sing (MPR) 7:15 Saturday Night Concert: Freddy Tripp (MPR)
10:30 Peace Church Worship Service (MPR) 6:00 Ballantyne Presbyterian Worship Service (MPR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 7:00 Rummmikub (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 10:00 Veteran's Club (OVF) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 2:00 Bible Study (ACR) 2:30 Oyster Bar (National Oyster Day) (KDR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 2:00 Technology Help Session (BR) 2:00 Life Transitions Group (ACR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 7:15 Saturday Night Concert: Patrick Hudson (MPR)
10:30 St. Matthews Catholic Church Communion Service (MPR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 7:00 Rummmikub (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 1:15 Trivia (OVF) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR) 7:00 Round Table Discussion Group (PDR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 10:30 Onsite Dermatology Clinic (ACR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 9:30 Community Outing: Trip to Titanic Exhibition (OUT) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 2:00 Hymn Sing (MPR) 7:15 Saturday Night Concert: Rick Bean (MPR)

August 2026

Brightmore of South Charlotte



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Peace Church Worship Service (MPR) 3:00 Painting Class with Christina (ACR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 1:30 Craft (ACR) 7:00 Rummmikub (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:00 Coffee with Caroline (LR) 10:30 Stretch and Flex (AR) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 2:00 Bible Study (ACR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 2:00 Life Transitions Group (ACR) 3:30 Balance Circuit (AR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 9:30 Community Outing: Brunch at Eggspectation (OUT) 10:00 Audibel Hearing Aid Checks & Cleanings (BR) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 7:15 Saturday Night Concert: Tom Billotto (MPR)
10:30 St. Matthews Catholic Church Communion Service (MPR) 5:00 Community Outing: Dinner at Burtons Grill (OUT)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 7:00 Rummmikub (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 1:15 Trivia (OVF) 3:30 Balance Circuit (AR) 5:00 Social Hour (LR) 7:00 Poker (BR) 7:00 Rummikub (CR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Busy Bees (ACR) 1:00 Shanghai Rummy/Mah Jongg (CR) 3:00 Bright Books Book Club (PDR) 5:00 End of Summer Luau (ADR) 6:30 Canasta (CR) 7:00 Mexican Train Dominos (CR)	8:15 Saltwater Strength (P) 9:00 Chair Yoga (AR) 10:30 Stretch and Flex (AR) 2:00 Community Birthday Party (KDR) 3:30 Balance Circuit (AR) 4:00 Food Forum (KDR) 7:00 BINGO (CR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 11:00 Community Outing: Lunch at Dairy Queen (OUT) 1:00 Shanghai Rummy (CR) 7:00 Poker (BR)	1:00 Hand & Foot (CR) 7:15 Saturday Night Concert: Jim Ruth (MPR)
10:30 Peace Church Worship Service (MPR)	8:15 Aqua-Fit (P) 10:00 Balance Class (AR) 10:30 Stretch and Flex (AR) 1:00 Bridge (CR) 1:00 Shanghai Rummy (CR) 1:30 Craft (ACR) 7:00 Rummmikub (CR)			Aerobics Room (AR) Card Room (CR) Pool (P) Multi-Purpose Room (MPR)	Locations Legend Arts & Crafts Room (ACR) Billiards Room (BR) Living Room (LR) Outing (OUT) Overflow Dining Room (OVF)	Kells Dining Room (KDR) Private Dining Room (PDR) Aldreys Dining Room (ADR)