


July 2026

The Terrace Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			11:00 Pet Therapy with Jean and Lola 1 2:30 Seated Exercise with Sam 4:00 Walking Club 5:00 TV Time With Friends	11:00 Art with Collavanni 2 2:30 Seated Exercise with Sam 2:30 Joy Ride 5:00 TV Time With Friends	11:30 Trivia 3 2:30 Seated Exercise with Sam 4:00 July 4th Party 5:00 TV Time With Friends	12:30 July 4th Lunch 4 2:00 Resident Activity-Staff 5:00 TV Time With Friends
11:00 AL Virtual Church Service 5 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	11:30 Bingo 6 2:30 Seated Exercise with Sam 3:30 Music with Jim 5:00 TV Time With Friends	11:30 Lunch Bunch 7 2:30 Seated Exercise with Sam 4:00 Spiritual Session with Chaplain Ed 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 8 1:45 Food Forum 2:30 Seated Exercise with Sam 3:00 Guitar with Whitney 5:00 TV Time With Friends	11:30 Resident Council Meeting 9 2:30 Seated Exercise with Sam 2:30 Joy Ride 5:00 TV Time With Friends	11:30 Trivia 10 11:30 Piano Music with Ray 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	11:00 Pet Therapy with Doug and Elle 11 3:00 Bingo with the GAP Group 5:00 TV Time With Friends
11:00 AL Virtual Church Service 12 12:00 Visit with St Matthews Church 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	11:30 Bingo 13 2:30 Seated Exercise with Sam 3:00 Piano Music with David 5:00 TV Time With Friends	11:30 Brightmore Bowling League 14 2:30 Seated Exercise with Sam 3:00 Guitar with Whitney 5:00 TV Time With Friends	11:00 Pet Therapy with Jean and Lola 15 2:30 Seated Exercise with Sam 4:00 Arts and Crafts with Allison 5:00 TV Time With Friends	11:30 Shuffleboard 16 2:30 Seated Exercise with Sam 4:00 Pet Therapy with Kasia and Pepper 5:00 TV Time With Friends	11:30 Trivia 17 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	11:30 Bingo 18 2:00 Resident Activity-Staff 5:00 TV Time With Friends
11:00 AL Virtual Church Service 19 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	11:30 Bingo 20 2:00 Music with Todd 2:30 Seated Exercise with Sam 5:00 TV Time With Friends	11:30 Bowling 21 2:30 Seated Exercise with Sam 4:00 Bingo 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 22 2:30 Seated Exercise with Sam 3:30 Piano Music with Ethan 5:00 TV Time With Friends	11:30 Shuffleboard 23 2:00 Bible Study with Calvary 2:30 Seated Exercise with Sam 5:00 TV Time With Friends	11:30 Trivia 24 2:30 Seated Exercise with Sam 4:00 Sip and Pour with Sid 5:00 TV Time With Friends	11:30 Shuffleboard 25 2:00 Resident Activity-Staff 5:00 TV Time With Friends
11:00 AL Virtual Church Service 26 12:00 Visit from St Matthews Church 2:00 Resident Choice Movie/Activity 5:00 TV Time With Friends	11:30 Bingo 27 2:30 Seated Exercise with Sam 4:00 Walking Club 5:00 TV Time With Friends	11:30 Brightmore Bowling League 28 2:30 Seated Exercise with Sam 4:00 Monthly Birthday Party 5:00 TV Time With Friends	11:30 Axe/Dart Throwing 29 2:30 Seated Exercise with Sam 4:00 Bingo 5:00 TV Time With Friends	11:30 Shuffleboard 30 2:30 Seated Exercise with Sam 4:00 Balloon Tennis 5:00 TV Time With Friends	11:30 Trivia 31 2:30 Seated Exercise with Sam 4:00 Happy Hour 5:00 TV Time With Friends	