



JANUARY 2026 ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	monday	i ucousy	unosuay	1 1	2	3
CALENDAR KEY *ACTIVITIES ARE SUBJECT TO CHANGE	* * *	ماله_		NEW YEARS DAY		NATIONAL DRINKING STRAW DAY
	FUN FACT	ST.		11:00-12:00PM: Art with Collavanni	11:30-12:00PM: Trivia	11:30-12:00PM: Balloon Tennis
** SPECIAL ACTIVITY	January is named for the two faced Roman god of	STIPS IN	STOR .	2:30-3:30PM: Joy Ride	2;30-3:00PM: Seated Exercise with Sam-IL Fitness Center	2:00-4:00PM: Resident Choice Movie
** BOLD ACTIVITIES ARE LEAD BY CNAS	beginnings		Alla	2:30-3:30PM: Seated Exercise with Sam-IL Fitness Center 6:30PM: Prime: New Years Eve	4:00-5:00PM: Happy Hour 6:30PM: Resident Choice	4:30-5:00PM: Shuffleboard Games 6:30PM: Prime Movie: OH
4	5		7	Movies	Movie	God!
	5	6 NATIONAL SHORTBREAD	1	8	9	10
11:00-12:00PM: Virtual Church Service-Independent Activity	11:30-12:00PM: Bingo Club	DAY 11:30-12:00PM: Brightmore Bowling League	11:30-12:00PM: Axe/Dart Throwing	11:30-12:00PM: Shuffleboard Games	11:30-12:00PM: Piano Music with Ray-1st Floor	11:00-12:00PM:Pet Therao with Doug and Elle
2:00-4:00PM; Resident Choice Movie	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:30-3:30PM; Joy Ride	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:00-4:00PM: Resident Choice Movie
4:30-5:00PM:Assorted Games- Independent Activity	3:30-4:30PM: Live Music with Jim-1st Floor	4:00-5:00PM:Bingo Club	4:00-5:00PM; Balloon Tennis	2:30-3:00PM: Seated Exercise with Sam- IL Fitness Area	3:00-4:00PM: Pet Therapy with Kssia and Pepper	4:30-5:00PM: Assorted Games-Independent Activity
6:30PM:Prime Movie: Pink Panther	6:30PM:Prime Series: Barney Miller S1 E2	6:30PM: Prime Series: Barney Miller S1 E3	6:30PM: Prime Series: Barney Miller S1 E4	6:30PM: Prime Series: Barney Miller S1 E5	4:00-5:00PM: Happy Hour	6:30PM: Prime Movie: Death On the Nile
11	12	13	14	15	16	17
	12	13	14	NATIONAL STRAWBERRY ICE	10	17
11:00-12:00PM: Virtual Church Service-Independent Activity	11:30-12:00PM: Bingo Club	11:00-12:00PM: Pet Therapy with Jean and Lola	11:30-12:00PM: Resident Council	CREAM DAY 11:30-12:30PM: Pet Therapy with Christine and Hadley	11:00-12:00PM: Trivia	11:30-12:00PM:Balloon Tennis
12:00-12:30PM: St Matts Catholic Church-Independent Activity	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:30-3:0PM: Seated Exercise with SamIL Fitness Area	3:00-4:00PM: Wellness Wednesday with Lisa from Liberty Hospice	2:30-3:00PM: Seated Exercise with Sam - IL Fitness Area	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	2:00-4:00PM: Resident Choice Movie
2:00-4:00PM: Resident Choice Movie	3:00-4:00PM: Piano Music with David-1st Floor	3:00-4:00PM: Bingo with the AK HOSA Club	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	4:00-5:00PM: Strawberry Ice Cream Party	4:00-5:00PM: Happy Hour	4:30-5:00PM: Assorted Games-Independent Activity
6:30PM: Prime Movie: Rock and						
Roll High School	6:30PM: Prime Series: Maude S1 E1	6:30PM: Prime Series: Maude S1 E2	6:30PM:Prime Series:Maude S1 E3	6:30PM: Prime Series:Maude S1 E4	6:30PM: Resident Choice Movie	6:30PM: Prime Movie:Glen Campbell Goodtimes Hour
18	19	20	21	22	23	24
	MARTIN LUTHER KING	20	NATIONAL GRANOLA DAY	22	23	24
11:00-12:00PM: Virtual Church Service-Independent Activity	BIRTHDAY					
	11:30-12:00PM: Bingo Club	11:30-12:00PM: Brightmore Bowling League	11:00-12:00PM: Pet Therapy with Jean and Lola	11:30-12:15PM: Cookies and Cocoa with Allison	11:30-12:00PM: Christmas Trivia	11:30-12:00PM: Bowling
	11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area		11:00-12:00PM: Pet Therapy	11:30-12:15PM: Cookies and Cocoa with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	Trivia 2:30-3:00PM: Seated Exercise	2:00-4:00PM: Resident
2:00-4:00PM; Resident Choice Movie	2:30-3:00PM: Seated Exercise	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise	Cocoa with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with	Trivia	2:00-4:00PM: Resident Choice Movie
	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	Cocoa with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard-
Movie 4:30-5:00PM: Shuffleboard-	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party	Cocca with Allison 2:30-3:00PM; Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM; Prime Series;	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour with Sid 6:30PM: Resident Choice	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie:
Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Budddy	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party	Cocca with Allison 2:30-3:00PM; Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM; Prime Series;	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour with Sid 6:30PM: Resident Choice	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie:
Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Budddy Holly Story	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude S1 E5	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude \$1 E6	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party 6:30PM: Gilligns Island S1 E1	Cocca with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM: Prime Series: Gilligans Island \$1 E2	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour with Sid 6:30PM: Resident Choice Movie	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie:
Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Budddy Holly Story	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude S1 E5	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude \$1 E6	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party 6:30PM: Gilligns Island S1 E1	Cocca with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM: Prime Series: Gilligans Island \$1 E2	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour with Sid 6:30PM: Resident Choice Movie	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie:
Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Budddy Holly Story 25 11:00-12:00PM: Virtual Church Service-Independent Activity 12:00-12:30PM: St Matts Catholic Church-Independent Activity	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude S1 E5	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude \$1 E6	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party 6:30PM: Gilligns Island S1 E1	Cocca with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM: Prime Series: Gilligans Island \$1 E2 29 11:30-12:00PM: Shuffleboard Games 2:30-3:00PM:Seated Exercise with Sam-IL Fitness Area	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM: Sip and Pour with Sid 6:30PM: Resident Choice Movie 30 FATIONAL BOT CROCOLATE DAY 11:30-12:00PM: Trivia	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie:
Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Budddy Holly Story 25 11:00-12:00PM: Virtual Church Service-Independent Activity 12:00-12:30PM: St Matts Catholic	2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude S1 E5 26 11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise	Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude S1 E6 27 12:00-2:00PM: Lunch Bunch 2:30-3:00PM: Seated Exercise	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party 6:30PM: Gilligns Island S1 E1 28 28	Cocoa with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM; Bible Study with Calvary Church 6:30:PM: Prime Series: Gilligans Island S1 E2 29 11:30-12:00PM: Shuffleboard Games 2:30-3:00PM:Seated Exercise with	Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM; Sip and Pour with Sid 6:30PM: Resident Choice Movie 30 EATIONAL NOT CROCOLATE DAY 11:30-12:00PM: Trivia 2:30-3:00PM:Seated Exercise with	2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard- Independent Activity 6:30PM: Prime Movie: