






JANUARY 2026



ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
CALENDAR KEY *ACTIVITIES ARE SUBJECT TO CHANGE	★ ★ ★ FUN FACT			NEW YEARS DAY 11:00-12:00PM: Art with Collavanni 2:30-3:30PM: Joy Ride 2:30-3:30PM: Seated Exercise with Sam-IL Fitness Center 6:30PM: Prime: New Years Eve Movies	11:30-12:00PM: Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Center 4:00-5:00PM: Happy Hour 6:30PM: Resident Choice Movie	NATIONAL DRINKING STRAW DAY 11:30-12:00PM: Balloon Tennis 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard Games 6:30PM: Prime Movie: OH God!
4	5	6	7	8	9	10
11:00-12:00PM: Virtual Church Service-Independent Activity 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Assorted Games-Independent Activity 6:30PM: Prime Movie: Pink Panther	11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 3:30-4:30PM: Live Music with Jim-1st Floor 6:30PM: Prime Series: Barney Miller S1 E2	NATIONAL SHORTBREAD DAY 11:30-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Bingo Club 6:30PM: Prime Series: Barney Miller S1 E3	11:30-12:00PM: Axe/Dart Throwing 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Balloon Tennis 6:30PM: Prime Series: Barney Miller S1 E4	11:30-12:00PM: Shuffleboard Games 2:30-3:30PM: Joy Ride 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 6:30PM: Prime Series: Barney Miller S1 E5	11:30-12:00PM: Piano Music with Ray-1st Floor 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 3:00-4:00PM: Pet Therapy with Kssia and Pepper 4:00-5:00PM: Happy Hour	11:00-12:00PM: Pet Therapy with Doug and Elle 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Assorted Games-Independent Activity 6:30PM: Prime Movie: Death On the Nile
11	12	13	14	15	16	17
11:00-12:00PM: Virtual Church Service-Independent Activity 12:00-12:30PM: St Matts Catholic Church-Independent Activity 2:00-4:00PM: Resident Choice Movie 6:30PM: Prime Movie: Rock and Roll High School	11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 3:00-4:00PM: Piano Music with David-1st Floor 6:30PM: Prime Series: Maude S1 E1	11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 3:00-4:00PM: Bingo with the AK HOSA Club 6:30PM: Prime Series: Maude S1 E2	11:30-12:00PM: Resident Council 3:00-4:00PM: Wellness Wednesday with Lisa from Liberty Hospice 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 6:30PM: Prime Series: Maude S1 E3	NATIONAL STRAWBERRY ICE CREAM DAY 11:30-12:30PM: Pet Therapy with Christine and Hadley 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Strawberry Ice Cream Party 6:30PM: Prime Series: Maude S1 E4	11:00-12:00PM: Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Resident Choice Movie	11:30-12:00PM: Balloon Tennis 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Assorted Games-Independent Activity 6:30PM: Prime Movie: Glen Campbell Goodtimes Hour
18	19	20	21	22	23	24
11:00-12:00PM: Virtual Church Service-Independent Activity 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Buddy Holly Story	MARTIN LUTHER KING BIRTHDAY 11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Live Music with Todd-1st Floor 6:30PM: Prime Series: Maude S1 E5	11:30-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Maude S1 E6	NATIONAL GRANOLA DAY 11:00-12:00PM: Pet Therapy with Jean and Lola 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Granola Party 6:30PM: Gilligans Island S1 E1	11:30-12:15PM: Cookies and Cocoa with Allison 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 2:00-3:00PM: Bible Study with Calvary Church 6:30PM: Prime Series: Gilligans Island S1 E2	11:30-12:00PM: Christmas Trivia 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:30-5:30PM: Sip and Pour with Sid 6:30PM: Resident Choice Movie	11:30-12:00PM: Bowling 2:00-4:00PM: Resident Choice Movie 4:30-5:00PM: Shuffleboard-Independent Activity 6:30PM: Prime Movie: Footloose
25	26	27	28	29	30	
11:00-12:00PM: Virtual Church Service-Independent Activity 12:00-12:30PM: St Matts Catholic Church-Independent Activity 2:00-4:00PM: Resident Choice Movie 6:30PM: All of Me	11:30-12:00PM: Bingo Club 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Monthly Birthday Party 6:30PM: Prime Series: Gilligans Island S1 E3	12:00-2:00PM: Lunch Bunch 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 3:00-4:00PM: Bingo with the AK HOSA Club 6:30PM: Prime Series Gilligans Island S1 E4	11:30-12:00PM: Axe/Dart Throwing 1:30-2:15PM: Food Forum 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 6:30PM: Prime Series: Gilligans Island S1 E5	11:30-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Sam-IL Fitness Area 4:00-5:00PM: Brightmore Bowling League 6:30PM: Prime Series: Gilligans Island S1 E6	NATIONAL HOT CHOCOLATE DAY 11:30-12:00PM: Trivia 4:00-5:00PM: HAPPY HOUR 6:30PM: Prime Series: Gilligans Island S1 E6	

--	--	--	--	--	--	--